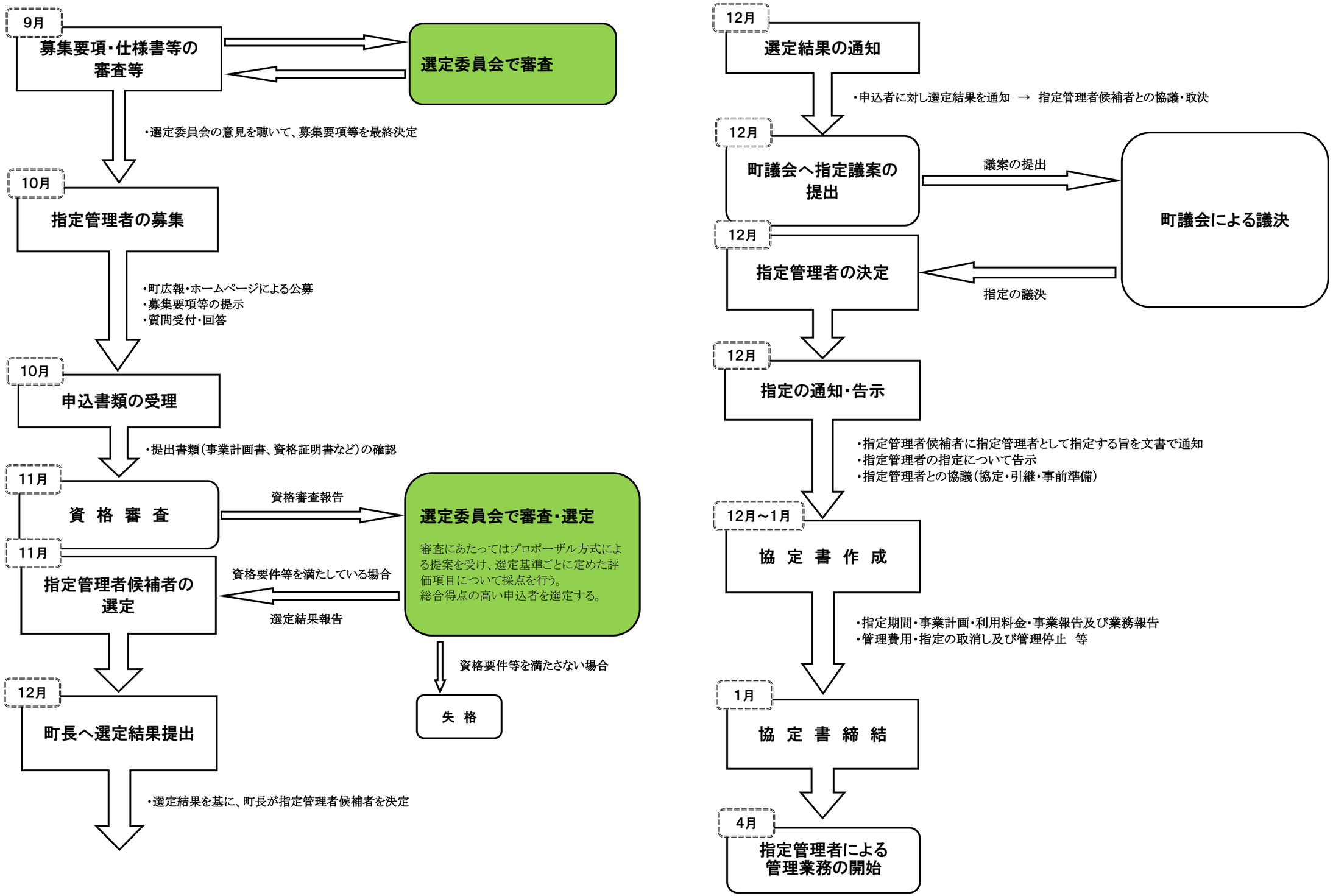■選定までの基本的な流れ